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Tampa AAUW: Making A Difference for over 100 years

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November 2019, A Monthly Newsletter of the Tampa Chapter

The Tiempo



UPCOMING EVENTS >>>

Meeting on Saturday,
 November 16
 Location: Temple Terrace Golf Club
 lunch menu options are: **Turkey dinner, Salmon or Veggie Pasta**
 All are served with a house salad and a drink. The cost is \$20.00 per dish.
RSVP for meeting and food choice by contacting Irene Bembry, call/text 863-602-5232 or beckybembry52@gmail.com

December 14	Ugly Sweater Christmas Murder Mystery Lunch
January 18	General Meeting USF Scholarship Recipients Presentation

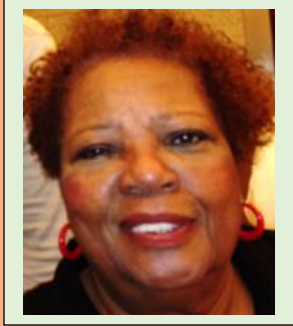
The Ugly Holiday Sweater Mystery



The Tampa Bay Players received their roles and are preparing their ugly sweaters. Are you ready for the party? All present will be invited to listen closely to guess the victim and the murderer. Prizes will be given for correct guesses the winners will be determined by a correct guess and the time entered. The first two correct guesses will be winners. Additionally, all members, cast and others may enter the Ugly Holiday Sweater Contest. So, this is Florida. If you think a sweater will be too hot; try a shirt or Tee-Shirt. Professional judges will be present. Register with the judges when you enter. Bring a friend, a relative or your accountant. All are welcome. Stay tuned for more information. Betty Chester, local pianist and past president of the Florida Piano Teacher's Association will provide holiday music! Please arrive by 10:30 to register!

From the President's Desk

Thinking, Planning, and Looking Ahead!



The planning meeting was a success! Irene Bembry, Director of Programs transformed the dull library space into a beautifully decorated meeting space. Members eagerly volunteered for roles in the holiday play and for roles on the February Fundraiser roster. Additionally, members proposed the following goals for the rest of the 2019-2020 fiscal year:

1. Stay aligned with AAUW goals by piquing an interest in math, science, and technology in middle school girls.

A. Donate the cost of a full week of Tech Trek camp to two campers by May 30th.

B. Continue to nominate at least two girls from the Tampa area for Tech Trek

camp by camp deadline.

Continue to offer two \$1,000 scholarships to USF upper-class STEM students.

2. Participate in the National AAUW Gold Star program.

A. Retain at least 90% of members and submit dues by September 30th

B. Hold an event/training seminar in FY 20 open to the public.

3. Participate in the Black Women Economic Security Research Project.

A. Apply for research grant.

B. Identify a research representative from Tampa.

C. Identify a person in community to be interviewed for research.

4. Increase fundraiser revenue by at least 10% in FY 20.

A. At least 60% of members will purchase at least two tickets to the February fundraiser or donate a \$100.00.

B. Conduct at least two smaller fundraisers, one to complete by November general meeting and one to complete by April general meeting.

5. Address Tampa's sustainability through succession planning.

A. Each board director will identify at least one other member to work in a mentorship role by January 2020.

B. Fill Vice President role by April 2020.

C. Fill Incoming President's role by April 2020.

The plan will be finalized in the November meeting. Please look in the *Tampa AAUW Looking glass* to see how you fit in. Do you see yourself waiting for someone else to step up to the position? Or, do you see yourself sacrificing to offer your time and talent where needed?

Berthenya (Bert) Dunbar, PhD, APRN
President



Happy Birthdays to our members

Marjorie Veenstra -29

Heather Stockwell -30

AAUW was founded- Nov. 28, 1881

and turns 138 years old.

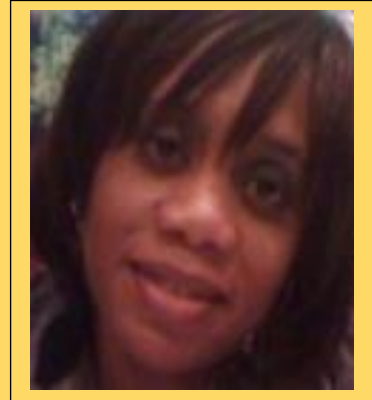


Meet our New AAUW Officers

By: Berthenya (Bert) Dunbar, PhD, APRN
President

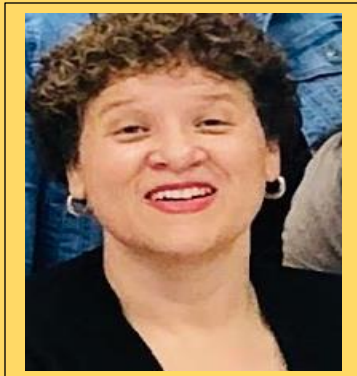
Financial Officer Assistant: Shalah Thomas is in the role of assistant the Financial Officer, Yvette Williams.

Shalah is a soft-spoken assertive member who fits right in with the organization's succession planning mission. She works right alongside Ms. Williams as they both become familiar with the role. Ms. Thomas is a nurse in PMRS, pain section at the James A. Haley Veterans Hospital. She is highly motivated. Ms. Thomas received a BS, MSN (Master of Science Nursing), and a MPH (Master of Public Health) from the University of South Florida. Additionally, she received a Doctorate of Nursing Practice (DNP) degree from the University



of Alabama. We welcome you Ms. Thomas and we thank you for your willingness to step in quickly to lend a hand. Please say hello when you see her and thank her for serving.

Meet the Newsletter Editor and the Financial Officer Assistant Newsletter Editor: Marjorie Fontalvo



Marjorie Fontalvo is a new member who is a highly motivated self-starter. She saw a need and quickly and enthusiastically volunteered to step into the interim role of Newsletter Editor. In addition to publishing a top-notch informative newsletter in September, she is also working to streamline processes in our affiliate. For example, she is working on a virtual form that will make monthly reservations a more customer-friendly operation. Her friendly and easy approach makes it seem as if she has always been a member.

She is a graduate from Florida State University, Bachelors in Geographical Information Systems and International Affairs. A Masters in Interdisciplinary Social Science and is seeking a Doctoral degree in Educational Policy at Florida State University. She has worked in higher education for over 15 years and is currently advising Computer Science and Engineering students. Her passion for people, culture, and education has allowed her to travel and conduct independent research. She is married and has two sons Alphadi and Khalif. Please thank her and welcome her when you see her!

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[and in LinkedIn](#)

[To join our LinkedIn networking group click on the icon.](#) This is a group for members to share event or tips that can help us balance our professional lives and our work. You don't have to currently be working to join but you do have to be an active Tampa Branch Member. No recruiting or soliciting please. For more information contact Marjorie Fontalvo aauwtampa@gmail.com or Shella Miller our Director of Membership.

By Catherine Clark

The holidays are upon us. Here are a few tidbits to get you through the first one: Thanksgiving.



1. Solicit **help** from others with preparations and cooking
2. **Brighten** up your space with aromatherapy
Lift your spirits: grapefruit and lemongrass essential oils
3. Don't forget to get some **rest**

Lavender pillow spray: lavender in filtered/distilled water

3. Don't forget to **Breathe!**

Did you know that adding a few drops of essential oils to the **inside** of the toilet paper roll, can bring the holidays into your bathroom? Use your favorite oil or try this simple example. Mix in distilled or filtered water in 2oz bottle:

- 3 drops Lavender
- 3 drop Roman Chamomile
- 2 drops Bergamot

Board of Directors

President	Dr. Bert Dunbar
Vice President	Vacant
Director of Programs	Irene Bemby
Director of Membership	Shella Miller
Director of Finance	Yvette Williams
Director of Public Policy	Dree Jenkins
Director of Scholarships	Jasmine White-Bynum
Director of Tech Trek/STEM Activities	Dr. Gloria Hilton
Recording Secretary	Mattie Parr
Corresponding Secretary	Avis Chaplick
Facebook and Website Manager	Aleseya Pinkney
Newsletter Editor	Marjorie Fontalvo

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