



AAUW Tampa: Making A Difference for
over 100 years



June 2021

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Mailing Address: PO Box 172715, Tampa FL, 33672

ZOOM Meeting ID: 863 116 6778

ZOOM Password: 725238

WE ARE STRONGER TOGETHER

We, in AAUW—Tampa, are not alone!

In Florida we are 2,000 women-strong, sharing a vision of equal opportunity for all as part of a national organization founded in 1881 to empower women and girls. Programs and activities of our more than 30 branches throughout Florida focus on advancing gender equity through research, education and advocacy. We embrace a vision of equity for all. In everything we do, we are nonpartisan, fact-based, principled, inclusive, and intersectional. The pandemic may have changed the way we work, but it hasn't stopped us!

AAUW nationally, is a community of more than 170,000 people standing strong for gender equality. Your membership makes our powerful voice even louder on critical issues affecting women and girls. There are many ways you can invest in a fairer future by donating to AAUW. We rely on our members and supporters to help us drive systemic policy change, shift work cultures, and empower women. Every day and every dollar that our members spend fighting on behalf of women are appreciated. Giving to our Greatest Needs Fund helps us use your donation where it's needed the most.

The AAUW Champions for Women and Girls program recognizes individuals who have made a significant financial commitment to advancing equity for women and girls. It honors those who donate \$5,000 or more to AAUW each year. Members also have the opportunity to leave a legacy. Making a planned gift to AAUW is an easy way to make a real impact and leave an enduring legacy that will benefit AAUW long into the future. Planned gifts—bequests—are gifts that you designate in your will, estate, or trust.

AAUW partners and supporters share our vision of creating a world where women and girls have the same opportunities to learn, earn, and lead as their male counterparts. In the fight for fairness, they share their talents and resources to help close the gender pay gap and make gender a reality.

Members can renew their membership at this time. New individuals joining today will have May and June 2021 included in their membership. Please share this opportunity with friends and family. Join/renew today!! www.aauw.org/membership



From the Desk of Dr. Sandra Johnson Austin, President

Dr. Sandra Johnson Austin, President AAUW Tampa, Inc. - June 2021

We did it! AAUW Tampa survived a year together during the coronavirus pandemic, Let's take a moment to reflect on the lives lost this year.

This is it! Our last meeting of the fiscal year, which is July 1, 2020 to June 30, 2021. We will take a break for the months of July and August. There are great tips in the self-care section of this newsletter that I plan to refer to throughout our time away, and I hope that you do, as well. Guess what? Daily exercise is still going to be part of my self-care. Find time to do what you love.

Before we break, we are dedicating our June meeting to begin developing our strategic plan and budget for 2021-2022. As always our meeting begins at 11am and after a few housekeeping items, we will jump into breakouts with discussions led by our board directors. We need and value your input. Get back in the game with us because.....drum roll please...we are going to meet in-person starting September 18th. The details on the protocols that we will follow during our meetings will be shared in advance. I know...to many of you, this is music to your ears. Full disclosure, I have hit a wall with all the zoom meetings and this will be so refreshing, as long as we commit to protect ourselves and others.

We close our fiscal year with good news for the African American community and our nation as a whole. On June 17, 2021 President Biden signed into law the Federal holiday, Juneteenth—a celebration of the emancipation of those who had been enslaved in the United State. The inaugural celebration occurs the same day as our June membership meeting. I will forever remember this moment because ***I am the hopes and dreams of my ancestors!***

WE'RE TENACIOUS AND TRAILBLAZING.



*Advocating equity for women
and girls in Florida since 1929.*

... Welcome to the newest members of our Executive Board. Some new faces... and some new places.

Director of Finance

Cindy Hovi, Doctor of Chiropractic Medicine



Member of AAUW since June, 2019. Dr. Hovi is the current Director of Public Policy for Tampa AAUW. She is a retired Chiropractic and is currently employed as an outpatient coder for Systems Solutions. Dr. Hovi enjoys reading murder mysteries and legal thrillers, paper quilling, and playing cards, especially Bridge.

Director of Membership

April Cobb, MBA– Human Resources



Member of AAUW since, June, 2020. Ms. Cobb has been a 6th grade educator in the Hillsborough County Public School System for the past 20 years. She was nominated for and won many prestigious awards, including Tampa AAUW's Ribbon of Honor Award and the Tau Beta Zeta Sorority Community Service Award. She owns BeauteBlue Print Foundation-a non-profit that is designed to nurture and support young girls as they gain exposure to STEM programs. One of her guiding mottos is "It is easier to build strong children than to repair broken men"– Frederick Douglass.

Director of Programs

Dr. Bert Dunbar, ANPR



Member of AAUW since May 2014. Dr. Bert Dunbar was previously the president of the Tampa Branch from 2016 to– June 2020. She retired from the James A. Haley VA Hospital–Tampa where she was the Chief Nurse of Mental Health. She is currently employed as an adjunct mental health nursing faculty at Hillsborough Community College. Dr. Dunbar is a news "junkie". She also enjoys reading and gardening. Her life's guiding motto: "I cannot direct the wind. I can only adjust my sails."

Facebook Manager

Ericka Lewis, MBA



Member of AAUW since September, 2020. Ms. Lewis recently graduated from Florida Atlantic University with an MBA. She is working as a Business Analyst at DXC Technology. Ms. Lewis enjoys biking, traveling, podcasting, hiking, reading, and shopping.

Her guiding motto is "Don't judge each day by the harvest you reap but by the seeds that you plant." Robert Louis Stevenson.

Director of Scholarship

Gloria Hilton, DNP



Member of AAUW since July, 2016. Dr. Hilton was this branch's first Director of Tech Trek and STEM Activities. As a Registered Nurse and Healthcare Professional, she was well-qualified for the Compliance Officer position she held at James A Haley Hospital-Tampa. Currently, Dr. Hilton is an adjunct nursing faculty for South University School of Nursing, Tampa. She enjoys reading, cooking, and walking. Her guiding principle: "Make a positive change in the community and beyond through service to God and others in deeds and resources".

Recording Secretary

Wanda Gibson, RN, Oncology



Member of AAUW since March, 2020. Ms. Gibson retired after 41 years from James A Haley VA Hospital-Tampa. She was a Nurse Manger for 30 of those years. She is the current recording secretary for her high school alumnus association. Additionally, she was the recording secretary for a women's stock partnership. Ms. Gibson enjoys sewing, crocheting, and building jigsaw puzzles. Her guiding principle: "Love the Lord my God with all my heart and soul and with all my strength and with all my mind;" and to love my neighbor as myself."

Director of Public Policy Ms. Erica Hall. Long time National AAUW member. She is a paralegal, Chair of the Florida Food Policy Council, and Vice President of the Sierra Club. Ms. Hall earned a Master's in community economic development and an MBA from Southern New Hampshire University.

SUMMER SELF CARE TIPS...

In the wise words of the *High School Musical 2* cast, “What time is it? Summertime!”

Remember: EVERYBODY is a beach body! Do you have a body? Yes. Are you at the beach? If the answer is yes, then you have a beach body. That’s all you need.



GET OUTSIDE: There is more sunlight to indulge in during the summertime.

WEAR SUNSCREEN: Really slather it on.

GO OFF THE GRID FOR A BIT: Step away from your electronics and social media (after you renew your membership ;). Avoid toxic messages. Be in the moment with family and friends face-to-face. Read a good book.

SURROUND YOURSELF WITH PEOPLE WHO MAKE YOU FEEL GOOD: Summer is short and precious, so spend it with people who life you up and bring out the best version of you.

ALLOW YOURSELF TO RELAX AND UNWIND: We all re-energize differently. Some people need alone time and others need to be with family and friends. Whatever your setting, remember that it’s okay to devote time to taking care of yourself.

TRY SOMETHING NEW: A new hobby, new recipe, new book, new hiking spot. It does not matter. Everyday is an opportunity to try something new and EVERY day is a new opportunity.

DRINK MORE WATER: Be kind to your body. Keep yourself hydrated all summer long.

REMIND YOURSELF OF WHAT YOUR BODY CAN DO: Stretch. Hike. Swim. Plant a garden. Create an outdoor relaxation space. Run/jog/walk. Do yoga. Take a spin class. Go Kayaking/canoeing/boating. Laugh, love, smile, and hug. You are beautiful!

QUIET TIME: Try meditating for 5 to 50 minutes. Clear your mind every day and be purposeful and mindful. Take a deep breath!

START EACH DAY WITH A GRATITUDE LIST: Start everyday on a great note.

-Excerpts from Grace Bradley –NEDA Blog 21Tips for an amazing summer

**AAUW Tampa
Strategic Planning
Saturday, June 19 2021**



ALL Members ...

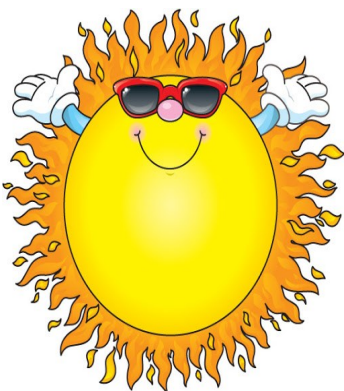
Attend and let your voice be heard as we plan for the 2021-2022 year.

Your attendance and participation in this important meeting is greatly appreciated. We will welcome our new board members as they assume their new roles and integrate with the board members who are continuing forward. Many thanks to our board members who successfully completed the last two years in AAUW-Tampa Leadership. You make us strong.

Click on the link below to join the meeting.

<https://us02web.zoom.us/j/8631166778?pwd=MkwwRlFtQWhjLy9VVVVrWTVXcWEyQT09>

Meeting ID: 863 116 6778 Password: 725238



**Welcome to our
newest
members.
We look forward
to getting to
know you.**



Board Meeting
June 12, 2021
10:30 to 11:00
Via Zoom

General Meeting
Strategy Planning
June 19 2021
11:00 am-12:30 pm
Via Zoom

New Calendar
coming soon

New Calendar
coming soon

Board of Directors

President	Dr. Sandra Johnson Austin
Vice President	Vacant
Director of Programs	Irene Bemby
Director of Membership	Shella Miller
Director of Finance	Yvette Williams
Director of Public Policy	Dr. Lucinda Hovi
Director of Scholarships	Jasmine White-Bynum
Director of Tech Trek/STEM Activities	Dree Jenkins
Director of Communications	Franca Washington
Recording Secretary	Mattie Parr
Corresponding Secretary	Connie Fountain
Copy Editor- This Issue	Franca Washington



JUNE

Lucia Stevens	June 2
Sherry Foecking	June 18
Ilaria Ippolito	June 21
Kayester Lee-Smith, Ph.D.	June 28
Devonna Foster Pierre, Ed.D.	June 28

JULY

Kirk Guilory	July 9
Saundra Johnson Austin, Ed.D.	July 11
Mattie Parr	July 11
Aleseya Pinkney	July 15
John Chaplick	July 23
Connie Fountain	July 29

AUGUST

Madge Soyster	August 2
Jacqueline Vento	August 3
Avis Chaplick	August 11
Wanda Gibson	August 11
Angela Birdsong	August 28



<https://www.aauw.org/membership/>

If you have questions, please contact
Mrs. Shella Miller,
Director of Membership
at email:
ShellaMiller078@gmail.com.

WE VALUE YOUR MEMBERSHIP AND INVOLVEMENT!

Are you wondering HOW to get involved????

We are still looking for nominees for:

♥ **Vice President**

**Contact Bert Dunbar at
bert28@aol.com**