



September 2021  
Web Address:  
[tampa-fl.aauw.net/](http://tampa-fl.aauw.net/)



AAUW Tampa: Making A Difference for over

Facebook: <https://www.facebook.com/tampaflaauw/>  
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ZOOM Meeting ID: 863 116 6778  
ZOOM Password: 725238

## The Tiempo RE-United...

Welcome to the 2021-2022 AAUW Tampa year. We make a difference in the lives of women for over 100 years! Your continued membership is vital to the continuity of our efforts. Please share this opportunity with women in your circle. Each membership makes our powerful voice even louder. As we plan for the upcoming year, your participation, input, membership, and recruitment efforts are valued and appreciated. The pandemic has changed how we meet and interact. It has not changed our mission or our resolve. Keeping our members safe is a top priority. Our first membership meeting will be via ZOOM. We appeal to all members to carve out every third Saturday from 11 AM to 12:30 PM for our monthly membership meeting. The pandemic may have changed the way we work and meet, but it has NOT stopped us. MEMBERSHIP is a top priority. Please help us increase our numbers. What are the benefits of membership???

Our local chapter, directly impacts the lives of young women in our community through our Tech Trek; our Scholarship Awards; and our support of STEM programs. We celebrate the actions of leaders in our community through our Blue Ribbon Award. We connect and support each other in our monthly meetings and intermittent social gathering and events. There is a place for you in AAUW Tampa. You can play a small or large role, or something in between.

Your AAUW Tampa membership joins with AAUW Florida and National. We are a community of more than 170,000 people standing strong for gender equality. There are many ways you can invest in a fairer future by donating to AAUW. We rely on our members and supporters to help us drive systemic policy change, shift work cultures, and empower women. Every day and every dollar that our members spend fighting on behalf of women are appreciated. Giving to our Greatest Needs Fund helps us use your donation where it's needed the most.

The AAUW Champions for Women and Girls program recognizes individuals who have made a significant financial commitment to advancing equity for women and girls. It honors those who donate \$5,000 or more to AAUW each year. Members also have the opportunity to leave a legacy. Making a planned gift to AAUW is an easy way to make a real impact and leave an enduring legacy that will benefit AAUW long into the future. Planned gifts—bequests—are gifts that you designate in your will, estate, or trust. Opportunities to share your time, talents, and treasures abound.

Members can renew their membership AND new individuals can join at this time. All memberships are valid through June 30, 2022. Please share this opportunity with friends and family. Join/renew today!!! [www.aauw.org/membership](http://www.aauw.org/membership) Welcome to the new fiscal year!! Let's make it our best yet!

-- Franca Washington, Director of Communications



## ***From the Desk of Dr. Sandra Johnson Austin, President***

Where did the summer go? Not too long ago we were installing our new officers April Cobb (Membership), Dr. Bert Dunbar (Programs), Wanda Gibson (Recording Secretary), Erica Hall (Public Policy), Dr. Gloria Hilton (Scholarships), Dr. Lucinda Hovi (Finance), and Erica Lewis (Facebook Manager). Since the ceremony, the new directors have worked diligently to ensure a smooth transition into their new roles. Please join me again in welcoming them on the AAUW Tampa Board.

As you know, we were hoping to kick-off this fiscal year with an indoor picnic on August 14<sup>th</sup> that Dr. Dunbar (Bert) and the program committee planned. However, due to the increase in the COVID-19 cases throughout the state of Florida and out of the abundance of caution, the gathering was postponed until further notice. This was a tough decision in that we were all longing to see each other in person, have fun, and laugh together again to resume some assemblance of normalcy. A very dear friend of mine always says, "Not now, does not mean, not ever." I pass this along to you to give you hope, to give us hope, amid these unprecedented times. The political agenda is impacting every aspect of our lives, but most importantly our health. Our hearts remain heavy for those of you who have lost loved ones.

There is a comeback to the AAUW Tampa story for such a time as this. Right now, it is in the form of meeting via virtual spaces, like Zoom. It is a safe place where we can see each other's beautiful faces and our smiles, and hear our thoughts, accomplishments, and stories. Members, we want you and need you back with us at meetings. We need you to continue making this a thriving branch. Membership renewal is down for AAUW across the United States. We can become like some of the few branches who are maintaining their membership during these difficult times. **Our membership goal this year is 68 members or more!** Can you help us achieve our goal by renewing your membership today and by bringing friends and colleagues to join us at meetings? You can renew your membership via the AAUW Tampa website at <https://tampa-fl.aauw.net/membership/>. Complete the form and mail to AAUW Tampa, Inc., PO Box 172715, Tampa, FL 33672 with a check made payable to AAUW Tampa, Inc. or check the box on the form that you are paying via mobile banking via Zelle to [AAUWTampaFinance@gmail.com](mailto:AAUWTampaFinance@gmail.com). The membership fee is \$87.

Dr. Dunbar (Bert) and the program committee have a fantastic lineup for us this year that you do not want to miss! As with the AAUW Tampa tradition, the presentation for our first meeting of the new year will focus on science, technology, engineering, and mathematics (STEM), a subject that is near and dear to my heart. I have spent my entire career on promoting STEM. The speaker for our membership meeting on September 18<sup>th</sup> at 11 am via Zoom is Ms. Karen (pronounced CAR-ren) Cooper. Take a moment to read more about this accomplished and dynamic woman in the speaker section of our newsletter.

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**WE'RE TENACIOUS AND TRAILBLAZING.**



***Advocating equity for women  
and girls in Florida since 1929.***

# TECH TREK WINNERS

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## 2021-2022 Scholarship winners



### **Natalie Nagib**

**Major:** Biomedical Sciences

**Hometown:** Toronto, Canada

**Graduation Year:** 2022

**Campus Involvement:** I am currently the President for Sigma Alpha Lambda, a Resident Assistant (RA), the Community Chairperson for Foundation of International Medical Relief of Children (FIMRC), a Peer Advisor Leader (PAL), and a

Calculus/Chemistry/Biology/Microbiology Teaching Assistant (TA).

**Future aspirations:** I plan to attend medical school and eventually work for Doctors without Borders and serve underserved populations abroad. I aspire to serve those who are affected by health disparities in the US and internationally and bring a preventative public health approach to the medical field.



### **Tyelyn Brigino**

**Major:** B.S. Chemistry

**Hometown:** Tampa, FL

**Graduation Year:** May 2021

**Campus Involvement:** I am currently involved in the USF Student Green Energy Fund Tree Mapping Project as the Principal Investigator. My responsibility is to map the trees on the USF Tampa campus to determine the ecosystem benefits for our urban forest. I

am also involved in undergraduate research with the USF Ecohydrology Research group. I have been working on determining groundwater support in streamflow in salmon-bearing streams on the Kenai Peninsula Lowlands, Alaska.

**Future aspirations:** I plan to attend graduate school in the Fall at USF to pursue my M.S. in Geology. I also plan to continue my research in Alaska.

## SEPTEMBER SELF CARE TIPS...

Did you know that September was Self-Care Month? It is a reminder to care for ourselves because as women we often forget to do so. **Self-care decreases stress**, which in turn helps our hearts and immune systems. **Find the recipe that works for you.** For some it may be running daily, others might prefer to read a good book. We are all different and respond to different things. If we listen to our bodies, it will tell us what it needs. Here are few simple things that can get you started...

Ask yourself the following questions, and then act on them.



**“What will my self-care be today?”**

**“How is my body feeling right now?”**

**“Do I need Sleep, Exercise, to Stretch, to Relax in a hot bath?”**

**“What is bothering me?”**

Don't avoid things that worry you. Identify them, address them, and let them go.

My self-care always returns back to nature. It can be as simple as watching the birds in my backyard at the bird-feeder. The picture here was taken in a few years ago in Denver in July. Something about the crisp mountain air rejuvenates you .

Close your eyes and escape for a moment.

Go to YOUR happy place and relax for a moment.

**Are you wondering HOW to get involved????**

**We are still looking for**

**nominees for Vice President**

**Contact Bert Dunbar: [bert28@aol.com](mailto:bert28@aol.com)**



**to our newest members.**

**We look forward to getting to know you.**



**AAUW Tampa Speaker  
Saturday, September 18, 2021**

**Karen ( Pronounced CAR-en) Cooper**



Karen Cooper has experience conducting business systems analysis functions for various industries and systems. Her recent project work involved developing a system for benefits staff to track customer support interactions, knowledge repository with document validation work-

flow, and vendor analysis of software asset management tools. She also has a strong background in process improvement methodologies. Karen's educational background includes two engineering degrees and an MBA.

Making a positive impact on the community is very important to Karen. She spends time working with a youth group to promote interest, understanding, and affinity for STEM concepts and professions. Her efforts led to being recognized as one of the 100 Inspiring Women in STEM by Insight into Diversity magazine in 2016.

Although Karen has lived in areas along the East Coast, including Georgia and Virginia, she is a native of Tampa, Florida. She is the devoted aunt of two nieces and a nephew. Her favorite thing to do is snowboarding, and she has visited more than 20 ski resorts throughout the US and Canada. Let us welcome our first speaker of the 2021-2022 year—Karen Cooper—to AAUW Tampa.

**Click on the link below to join the meeting.**

<https://us02web.zoom.us/j/8631166778?pwd=MkwwRlFtQWhjLy9VVVVrWTVXcWEyQT09>

**Meeting ID: 863 116 6778    Password: 725238**  
Connect with your AAUW Tampa team.



Board Meeting  
September 11, 2021  
10:30 to 11:15 am  
Via Zoom

General Meeting  
**September 18 2021**  
**11:00 am-12:30 pm**  
**Via Zoom**

Board Meeting  
October 9, 2021  
10:30 to 11:15 am  
Via Zoom

General Meeting  
**October 16, 2021**  
**11:00 am-12:30 pm**  
**Via Zoom**

***Board of Directors***

President                      Dr. Sandra Johnson Austin

Vice President              Vacant

Director of Programs              Dr. Bert Dunbar

Director of                      April Cobb

Director of                      Dr. Lucinda Hovi

Director of Public Policy              Erica Hall

Director of                      Dr. Gloria Hilton

Director of Tech Trek/STEM              Dree Jenkins

Director of                      Franca Washington

Facebook                      Ericka Lewis

Recording                      Wanda Gibson

Corresponding Secretary              Connie Fountain

Copy Editor- This Issue              Franca Washington



## JUNE

<b>Lucia Stevens</b>	<b>June 2</b>
<b>Sherry Foecking</b>	<b>June 18</b>
<b>Ilaria Ippolito</b>	<b>June 21</b>
<b>Kayester Lee-Smith</b>	<b>June 28</b>
<b>Devonna Foster Pierre</b>	<b>June 28</b>

## JULY

<b>Kirk Guillory</b>	<b>July 9</b>
<b>Saundra Johnson Austin</b>	<b>July 11</b>
<b>Mattie Parr</b>	<b>July 11</b>
<b>Aleseya Pinkney</b>	<b>July 15</b>
<b>John Chaplick</b>	<b>July 23</b>
<b>Connie Fountain</b>	<b>July 29</b>

## AUGUST

<b>Madge Soyster</b>	<b>August 2</b>
<b>Jacqueline Vento</b>	<b>August 3</b>
<b>Avis Chaplick</b>	<b>August 11</b>
<b>Wanda Gibson</b>	<b>August 11</b>
<b>Angela Birdsong</b>	<b>August 28</b>



<https://www.aauw.org/membership/>

*If you have questions, please contact*  
Ms. April Cobb  
Director of Membership

**WE VALUE YOUR MEMBERSHIP  
AND INVOLVMENT!**

## SEPTEMBER

<b>Martha Vaguener</b>	<b>Sept 11</b>
<b>Catherine Martin</b>	<b>Sept 17</b>
<b>Dora Smith</b>	<b>Sept 17</b>
<b>Phoebe Crewshaw</b>	<b>Sept 21</b>