



November 2021



AAUW Tampa: Making A Difference for over

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ZOOM Meeting ID: 863 116 6778
ZOOM Password: 725238

The Tiempo



AAUW's mission and goals cannot be accomplished without the work of a vibrant and energized membership. Your help is needed. AAUW Tampa needs to increase our membership. Please remember to bring at least one like-minded prospective member to share in our next meeting. This is an in person event. **We will resume our monthly meetings at the Temple Terrace Golf and Country Club, 200 Iverness Avenue, Temple Terrace, FL 33617. Lunch will be served.** Be sure to order BEFORE Wednesday, November 10th by emailing Dr. Bert Dunbar at bertd28@aol.com.

Tell prospective members that AAUW has been a force in empowering women since 1881. Be proud.

Let friends and family know that joining AAUW Tampa will make them part of the oldest branch of AAUW in Florida.

The cost of membership is \$87 dollars, which covers national, state, and local dues. They gain so much... comradery for starters. The mission focuses us and the friendships keep us and make us stronger.

Events to come:

- ♥ The November 20, 2021, meeting is a membership drive. A one-year paid membership is one of the giveaways to a prospective member attending the event.
- ♥ The November 20, 2021, meeting will also focus on Special Interest Groups. Your input is welcome. Do not miss that meeting. It is our FIRST in person event in a year and a half. We missed seeing you in person.
- ♥ Membership Drive April 16, 2022.
- ♥ New Member Orientation and Social– date, time, and location TBA.
- ♥ There is a place for every member and every new member.

Ms. April Cobb
Director for Membership
Phone: (813) 444.7199



From the Desk of Dr. Sandra Johnson Austin, President

Who does not like a celebration? Well, this month our country is celebrating National American Indian Heritage Month thanks to President George H.W. Bush. In 1990, he signed a declaration naming the entire month of November as National American Indian Heritage Month with help from former Presidents Gerald Ford and Ronald Reagan. You see, in 1976, President Gerald Ford granted one week in October to honor the contributions of indigenous people, but President Ronald Reagan shifted the one-week celebration from October to November and the rest as they say is history. It is believed that the month of November was chosen because of the Thanksgiving holiday and the settling of Europeans in the United States. Did you know that Native American Heritage Day is celebrated the day after Thanksgiving? Native American Heritage Month is also called American Indian or Alaska Heritage Month.

Nearly, 2% of the U.S. population identifies as American Indian of which 51% report as female. Here in the State of Florida 0.79% of the population identifies as American Indian. The Miccosukee Tribe of Indians and the Seminole Tribe of Florida are the two federally recognized Native communities in Florida. Nonetheless, the celebration of National American Indian Heritage Month is in honor of the culture, traditions, beliefs and customs of indigenous people of these United States. Their sacrifices and challenges are part of our history. In fact, the history of the women's suffrage movement was modeled after the Native women's rights. The lifestyle of Native women farming with their strong bodies showing total authority over their lives and living in equality with men, put the lie of religion and science's teachings of women's subordination and inferiority to rest. Their actions paved the way for Deb Haaland to become the first Native American woman to serve as the 54th U.S. Secretary of the Interior.

To honor Native Americans during the National American Indian Heritage Month consider a visit to a reservation or museum, attend or host an educational event, read the work of Native American authors, support native-owned businesses and charities, or *decolonize your Thanksgiving dinner*.

Ways to decolonize your Thanksgiving dinner include serving native dishes and conversing about Native American history over dinner. Also, instead of spending money on Amazon, consider patronizing a native-owned business. We can further educate ourselves on Native American history by reading the works of such authors as Paula Gunn Allen and others representing different genres.

What will you do to celebrate National American Indian Heritage Month?



WE'RE TENACIOUS AND TRAILBLAZING.

Advocating equity for women



to our newest
members.
We look forward
to getting to know
you.

Are you wondering *HOW to get involved????*
We are still looking for
nominees for Vice President
Contact Bert Dunbar: bert28@aol.com



Tara Perkins (20)

Marjorie Veenstra (29)



November SELF CARE TIPS...



In my mind, November in Florida signifies cooling weather and the beginning of the holiday season. It all starts after Halloween, then the hecticness of the holidays are upon us.

So how do you prepare for the stress?

Self-care of course! It starts by preparing your mind and body for the upcoming season.

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- ♥ Buy yourself some flowers and place them in a nice vase in a place where you can enjoy them.
- ♥ One of my favorites is to sleep late. Enjoy a day or two sleeping in guilt-free. Your body and mind will thank you.
- ♥ The weather is getting cooler, go out and enjoy the outdoors.
- ♥ And my last suggestion, organize a room in your house. A disorganized room is actually stressful on our psyche. Maybe focus on the room that will be used for your guests. This will reduce the stress of the holiday season.

Be well, let your beautiful light shine, and until next time. – Catherine



We celebrate the accomplishments of Ms. Erica Hall, AAUW Tampa Director for Public Policy for becoming a Master Lock Community Champion!

Erica Hall **A true changemaker** **St. Petersburg, Florida**

Erica embodies everything you want in a leader and more. With a background in community economic development, environmental justice, social justice and equity, housing diversity, and more, she is driving change in her community in so many important areas. She currently serves as the Board Chair of the Florida Food Policy Council and is also Executive Committee Vice-Chair - Suncoast Sierra Club. Erica is also a member of a number of other key groups working in urban agriculture, food advocacy and policy, community engagement, non-profit management, Board development, environmental justice, neighborhood revitalization, historic preservation, and community economic development at the Federal, State, and local levels. There's no question that Erica is making an impact on her community.

AAUW Tampa
Saturday, November 20, 2021

Strategies for Getting Special Interest Groups started



Where do we fit? What do we have in common? How can we connect? How can we get to know each other better? We have been apart for too long. Let us safely reassemble. Let us create new memories. Let us start our Special Interest groups. There is a place for all of us.



Join us on Saturday, November 20, 2021 at 11AM at the Temple Terrace Golf and Country Club, 200 Iverness Avenue, Temple Terrace, FL 33617

Click on the link below to join the meeting.

<https://us02web.zoom.us/j/8631166778?pwd=MkwwRlFtQWhjLy9VVVVrWTVXcWEyQT09>

Meeting ID: 863 116 6778 Password: 725238
Connect with your AAUW Tampa team.



Board Meeting
November 13, 2021
10:30 to 11:15 am
Via Zoom

General Meeting
November 20, 2021
11:00 am-12:30 pm
In person

No Board Meeting in
December 2021

General Meeting
December 4, 2021
11:00 am-12:30 pm
In person

Board of Directors

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**YOUR
MEMBERSHIP
MATTERS!**



Tampa (FL) Branch

AAUWTampaMembership@gmail.com

**Your membership makes our powerful
voice even louder on critical issues
affecting women and girls**

Please Join Us Today

<https://tampa-fl.aauw.net/membership/>



<https://tampa-fl.aauw.net/membership/>

If you have questions, please contact
Ms. April Cobb
Director for Membership

**WE VALUE YOUR MEMBERSHIP
AND
INVOLVMENT!**