The Tiempo

Tampa Branch Newsletter
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Hello AAUW Tampa Members,

Happy October in Florida, where we are beginning to see hints of Fall with peaceful mornings, shorter days, and the aroma of pumpkin spice coffees and lattes. Love it (or not), pumpkin spice coffees and lattes, which I just learned don't contain pumpkin or allspice, are here to stay. Whatever your aromatic coffee or tea choice is, make sure to take some time this month to enjoy, as today is International Coffee Day.

In this issue of the newsletter, you'll notice an abundance of pink. This is intentional, as October is also Breast Cancer Awareness Month. In recognition, our meeting on the 21st has a <u>Pink-Out Theme</u>. To support the cause and to bring attention to Breast Cancer Awareness, we ask that you and guests dress in pink or wear pink ribbons. Learn more in the <u>President's Message</u>.

Additionally, for your considerations, throughout the newsletter you'll find special activities and events, in which you may choose to engage or participate. There are activities at the local level, including the Special Interest Group (SIG), focused on reading Banned Books; state-level meetings; and national-level activities. As you begin to plan your month, please consider the following:

- 1. RSVP & place lunch orders for the October 21 meeting Are you attending the meeting? RSVP and submit your lunch order to Rev. Vaguener via mvaguener@aol.com by, or before, the Friday, October 13 deadline.
- 2. Incorporate calendar events into your schedule
- 3. Send <u>birthday wishes</u> to the 6 wonderful women who were born in October
- 4. Get Involved by:
 - Joining the Tampa board
 - Attending a state-level meeting for <u>Public Policy</u> or <u>Membership</u>
 - Spreading the word about Teck Trek 2024
 - Applying for an AAUW fellowship or grant
 - Reserving your spot for upcoming events
 - Participating in the *Out & About* activities

Until we meet again, have a wonderful month.

Authored By: Dr. Demetrix Rostick-Owens



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A Message from the President



Shella Miller, President AAUW Tampa 2022-2024

It is October and we are already in the second month of our membership year. October is such a fun month with several important observances. October is Breast Cancer Awareness Month. According to the National Breast Cancer Foundation, 1 in 8 women will be diagnosed with breast cancer in her lifetime. To raise awareness, honor those we have lost to breast cancer, and support those who are currently fighting or have fought and survived breast cancer, we will have a Pink-Out Theme for our October meeting (on October 21, 2023, from 11am-1pm at the Temple Terrace Golf and Country Club). To show our camaraderie and support, we encourage all attendees to wear pink and/or pink ribbons.

Are You Attending the Meeting? RSVP's due: Friday, October 13, 2023 (11:59pm)
RSVP with: Rev. Martha Vaguener (<u>mvaguener@aol.com</u>)
RSVP should include: Lunch selection (if you are having lunch)

Another important observance is International Day of the Girl Child, which falls on October 11, 2023. This day was adopted in 2011 by the United Nations to acknowledge the important issues and challenges girls face around the world. The day brings focused attention, advocacy opportunities, and empowerment of girls so they may reach their full potential despite challenges and limitations. Unfortunately, locally and internationally, girls endure child marriage, education inequality, violence, decreased physical and mental wellness, food insecurity, period poverty, and human trafficking.

In honor of this special day, we will be holding our second annual Intergenerational Tea, <u>Inspiration en Blanc with a Flair on Nov. 18th from 11am-1pm.</u>

I am extremely excited about holding the tea again and want to thank the committee working on this event. We had a phenomenal time last year and I know this year will be even better.

Table packages are available for this event. A full table purchase covers seating for 8. After purchase, tablemates will decorate their table to create picture perfect memories that will last a lifetime! Not to mention, you could win the prize for the best inspired table!



Purchase your table (\$250) or individual ticket (\$40) soon before we sell out. All proceeds benefit AAUW Tampa Scholarship and Tech Trek Fund. On page 6 of the newsletter, please see the flyer with details about the tea. If you have any questions, please email Tara Perkins, Director of Membership, at hammondtara@gmail.com.

Invite, Invite, Invite

Membership is the lifeblood of our organizations, which ensures its survival and adequate hands to work on our mission. We encourage you to join hands with us and be ambassadors for AAUW to bring guest to our events and meetings. This is a way to share AAUW with others and potentially gain new members.



Community Hub

Process New Memberships, Membership Renewals and Donations in the Community Hub by following the step-by-step instructions made available on the <u>Community Hub Tools and Resources</u> page. You can also find answers to your most <u>Frequently Asked Questions</u>.

Pathways to Successful Leadership and Open Board and Committee Opportunities

At the last State of Florida AAUW Presidents meeting, President Holt discussed *Pathways to Successful Leadership*, a statewide project for developing future leaders within AAUW. The project will include several instructive modules related to understanding Governance and Finance. Even if you are not in a formal position, participating in the modules offers a great learning opportunity, particularly for those interested in serving on our Governance Board.

The phrase "governance board" often sounds scarier than it is. A Governance Board, simply, is a team with a strategic focus of ensuring our branch is forward advancing; complying with rules, laws, and regulations; aligning activities with our core vision and mission; creating fiscal viability and responsibility; and facilitating membership growth. Equally as important in this strategic focus is the creation of future leaders, who will ultimately keep the branch going. With that being said, I am seeking appointments of several open positions, which are listed below. Interested in learning more? Please contact me or Catherine Clark Martin, Vice President AAUW Tampa, Inc. ccmartinaauw@gmail.com.

- *Social Media Manager (SMM)* The SMM maintains our social media presence by sharing important information, events, and activities on our social media platforms.
- Diversity Equity and Inclusion Director (DEID)- The DEID serves at the liaison with the State DEI Committee, bringing information s back to the branch DEI information, ensures we are creating a diverse and inclusive organization, hosts at least one branch DEI event or seminar, and shares DEI learning and growth opportunities.
- *Nominations Chair* and *Committee* The chair and committee develop the slate of nominations for next year's elections for April 2024. An appointment is needed prior to or by December.
- *Fundraising Committee* The committee generates ideas, plans, and helps with branch fundraisers.
- *Special Interest Group (SIG)* The SIGs, such as *Out on the Town*, forge relationships and friendships on a small scale around special interest topics (e.g., Book club, cooking, discussion groups, etc.). Let us know if you are interested in joining an existing SIG or starting a new one!

Regional Members' Meetings

In 2024, AAUW has voted to hold several regional member meetings in lieu of a State-wide convention. This meeting is open to all members. Last year Kim Rostick, Director of Tech Trek, and I represented our Tampa branch. It was a great session, and we were able to meet several of our sister branches. I will send out more information about the details of our region once we get it later in the year.

Enjoy the Newsletter! I look forward to seeing you at the October 21st meeting.

Best Regards, Shella M. Miller, FACHE AAUW Tampa Branch President



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
International Day of Older Persons International Coffee Day	INTERNATIONAL DAY OF NON-VIOLENCE OCTOBER 02	3	4 AAUW & Ms. Sign up for 4 (free) issues of Ms. Magazine	5 Latina Equal Pay Day Show support on social media	6	7 <u>National</u> <u>Depression</u> <u>Screening</u> <u>Day</u>
Clergy Appreciation Day	9	10 <u>World</u> <u>Mental Health</u> <u>Day</u>	11 International Day of the Girl Child	12 <u>Urban Food</u> <u>Sovereignty</u> <u>Summit Kickoff</u> <u>World Arthritis</u> <u>Day</u>	13 Deadline to RSVP and Add lunch orders for meeting: Email mvaguener@ aol.com	14
Tood Sovereignty Event NATIONAL CROUCH DAY	16	17 World Eradication of Poverty Day	18 <u>World</u> <u>Menopause</u> <u>Day</u>	19	20	21 AAUW Tampa Meeting The Pink Out
22	23 <u>National</u>	24	25 National	26 AAUW FL	27	28 OctoberFest -
	Mother-in-Law Day		Pasta Day	Membership (5pm, Zoom) Register Here		Tampa's Arts & Crafts Festival Day 1, 11am

- Breast Cancer Awareness Month
- Dyslexia Awareness Month
- Eczema Awareness Month
- Filipino American History Month
- Health Literacy Month

- LGBT History Month
- National Chiropractic Month
- National Dental Hygiene Month
- National Domestic Violence Awareness Month

The Pink Out: October 21, 2023

To raise awareness, honor those we have lost to breast cancer, and support those who are currently fighting or have fought and survived breast cancer, we will have a <u>Pink-Out Theme</u> for our October meeting. To show our support, we encourage all attendees to wear pink and/or pink ribbons.





Jay Cortright, 10/2
Adle Ida Walter, 10/5
Marjorie Fontalvo. Ed.D., 10/9
Paula Huzella, 10/17
Sue Morris, 10/18
Dree Jenkins, 10/31



AAUW Tampa Stands with You...

Fighting Cancer



Beat Cancer



Persisting Post Cancer

Advocate & Educate

By

Advancing Cancer Research & Funding Supporting Federal & State Policies Enhancing Prevention & Treatment Supporting Caregivers & Loved Ones

(For support and resources, learn more from the American Society of Clinical Oncology at www.cancer.net)

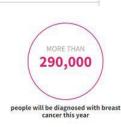
Give Your Time

By

Volunteering at a local Cancer Center Joining a Walk or Relay for Life Event Providing Meals for Families Planning an Afternoon Visit

(For support and resources, contact the America Cancer Society (ACS) at 800-227-2345 or visit www.cancer.org)











SIGN UP

DONATE

Support Emotional Wellness

By

Listening with Empathy
Embracing a Mindset of Encouragement
Helping Loved Ones Stay Active
Sharing Resources for Coping Strategies

(For support and resources, contact the National Alliance on Mental Health (NAMI) Helpline at 800-950-NAMI or visit nami.org)

Stay Engaged & Follow-Up

By

Continuing a Medical Plan with Doctor Engaging in Routine Testing Understanding Post-Cancer Symptoms Maintaining Accurate Health Records

(For support and resources, contact the National Cancer Institute (NCI) at 800-4-CANCER or cancer.org)



Submitted By: K. Lee-Smith, PhD

Please join the AAUW Florida Public Policy Committee for its 2nd education series, Thursday October 5, 2023, at 6:00 p.m. for a presentation on Title IX and Dress Codes in Florida Schools. The guest speaker will be Nancy Tray, Change the Dress Code Movement, St Johns County.

Background: The U.S. Department of Education launched an investigation into a complaint that the St. Johns County School District discriminated against female students through its enforcement of the dress code. This led to the Department of Education, Office of Civil Rights (OCR) investigation into whether the district subjected female students to discrimination on the basis of sex in connection with enforcing dress code requirements, in violation of Title IX, which prohibits discrimination on the basis of sex in education programs or activities.

If you have not registered, you still have time to join this important and exciting educational topic on Title IX and Dress Codes in Florida Schools.

Please register at: https://us06web.zoom.us/meeting/register/tZMpfu6gqD0rGtycH0Vsz9ugMco-tatc5EVZ - /registration

Additional AAUW Florida Public Policy Issue Forums:

Gender Studies and DEI Initiatives at Colleges	11/2/23	Dr. Elizabeth Brown, Past President of the United Faculty of Florida, University of North Florida	Register <u>Here</u>
Florida 2024 Legislative Preview	11/16/23	Dr. Pat DeWitt, AAUW Co-Public Policy Director and Public Policy Committee Members	Register Here
Public Education and Book Bans	1/11/24	Dr. Marvin Dunn, Professor Emeritus at Florida International University and Miami Center for Racial Justice	Register Here
Gender Pay Gap and Economic Security	3/7/24	Dr. Mary Gatta, AAUW FL Co- Public Policy Director and Director of Research and Public Policy, National Association of Colleges and Employers	<u>Register</u> <u>Here</u>
Voting Rights	4/18/24	Debbie Chandler, Co-President, League of Women's Voters. Florida	<u>Register</u> <u>Here</u>



Please consider joining the Public Policy Committee, AAUW Tampa, chaired by Kay Lee-Smith, Ph.D. The committee is charged with carrying out our mission to advance gender equity for women and girls through research, education, and advocacy, based on <u>AAUW Public Policy Priorities</u>. If you are interested in joining or have questions, please contact the chair at <u>aauwflksmith@gmail.com</u>. We so look forward to hearing from YOU!

Save the Date

Pleases consider joining AAUW Florida, **January 15-17, 2024**, as we advocate for gender equity at the Annual Lobby Day event in Tallahassee. Where you can meet face to face with your Florida Legislators to advocate for our public policy agenda. Don't know who your state legislators are, no problem, go to: https://www.flsenate.gov/Senators/Find enter your address and your representative will be delineated. Additional information regarding lobby day registration and hotel accommodations will be distributed from the AAUW Florida Public Policy Committee.



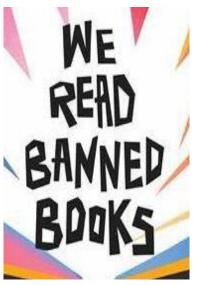
Special Interest Group: Book Club

Lake/Sumter Beach's Banned Books Reading Group

The Diversity, Equity, and Inclusion Committee is pleased to announce its new **Banned Books Reading Group**. The first meeting of will be Sunday, October 8 from 4:00 to 6:00 p.m. in the home of one of our DEI Committee members. The group will be discussing *Caste: The Origins of Our Discontents* by Isabel Wilkerson.

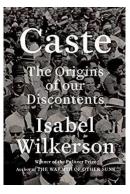
AAUW members, friends, and guests are welcome. Click <u>HERE</u> to reserve a spot no later than October 4. Location and directions will be provided after making a reservation. Light refreshments will be available, but please BYOB.

- For more information view <u>lakesumteraauw.org</u>
- After you register, do you want to carpool? Irene Bembry, <u>beckybembry52@gmail.com</u>, is
 planning on attending and welcomes others to carpool with her.



Additional Banned Books

- 1. The Breakaways by Cathy G. Johnson
- Stamped (For Kids): Racism, Antiracism, and You by Sonja Cherry-Paul (Adapter), Jason Reynolds & Ibram X. Kendi
- 3. Flamer by Mike Curato
- 4. The Hate U Give by Angie Thomas
- 5. All American Boys by Jason Reynolds and Brendan Kiely
- 6. All Boys Aren't Blue by George M. Johnson
- 7. This Book Is Gay by Juno Dawson
- 8. Gender Queer: A Memoir by Maia Kobabe
- 9. The Truth About Alice by Jennifer Mathieu
- 10. Maus I: A Survivor's Tale: My Father Bleeds History by Art Spiegelman
- The Handmaid's Tale: The Graphic Novel by Margaret Atwood and Renée Nault
- 12. The Color Purple by Alice Walker
- 13. The Bluest Eye by Toni Morrison
- 14. Their Eyes Were Watching God by Zora Neale Hurston



Unite. Inspire. Conquer.

THE AMERICAN ASSOCIATION OF UNIVERSITY WOMEN (AAUW) TAMPA PRESENTS

NOV 18, 2024

11AM-1PM

304 DRUID HILLS ROAD TEMPLE TERRACE, FLORIDA

ALL PROCEEDS BENEFIT AAUW TAMPA SCHOLARSHIP & TECH TREK FUND



CONTEST FOR BEST "INSPIRED" TABLE, DAINTIEST TEA CUP & CUTEST HAT

RESERVE YOUR SPOT TODAY!

Purchase a TABLE for 8

\$250



As Table Leader, you invite 7 of your closest friends to decorate the most stylish BLANC Table! The TABLE package includes tea refreshments and the opportunity to win the **Best Inspired Table Award!**

INDIVIDUAL TICKETS

\$40



Include a seat at an elaborately styled table and tea refreshments

ATTIRE: WHITE ATTIRE **ENCOURAGED BUT NOT REQUIRED**

THINGS TO

News: AAUW Florida and National

Membership

Rose Llanos, MA, AAUW Florida Director of Membership, will be hosting a membership meeting networking hour on October 26th at 5 pm. Discussion items will be related to brainstorming ideas and recommendations related to membership. Please register via: Meeting Registration - Zoom.

Fellowships and Grants

AAUW maintains a commitment to facilitate the removal of barriers for women who are accessing education and seeking career advancement. Offering fellowships and grants, helps in this process. AAUW fellowship and grant applications are now being accepted for women who are working, climbing the corporate ladder, and/or pursuing higher education. AAUW grants these awards anticipating recipients are and will continue to benefit their communities in meaningful ways. Want info on funding options (see below) before you apply for an AAUW fellowship or grant?

- American Fellowships
- <u>Career Development Grants</u>
- Community Action Grants
- International Fellowships
- <u>International Project Grants</u>
- Research Publication Grants in Engineering, Medicine and Science
- <u>Selected Professions Fellowships</u>

Latina Equal Pay Day: October 5

We are mid-way through Hispanic Heritage Month (September 15-October 15). As a point of support, all are encouraged to participate in the AAUW tweet and social media storm on October 5, *Latina Equal Pay Day*, to demand equal pay for Latina workers, who make only 52% of what white non-Hispanic white men earn.

AAUW and Ms. Magazine Partner

AAUW is partnering with Ms. Magazine, the first national American feminist magazine co-founded in 1971 by social/political activist, Gloria Steinem. New and renewing AAUW members are being offered, a one-year membership (including four print issues). Sign up to get yours today!

Florida Tech Trek 2024: Your Support and Action are Needed!!!

- We need your support getting the word out! If you have contacts for 7th grade teachers or middle school administrators at public, charter or private schools located in Hillsborough
 - County, please text the name & school to Kim Rostick, Tech Trek Chair 813-545-9435. Advertising for Tech Trek and outreach to the schools will begin in October, with the anticipated outcome of identifying students to nominate starting November 1.
- We need your participation! Consider the opportunity to serve on the Tech Trek Committee. The goal is to have the committee in place by October 31, ahead of nominations. If interested, call or text Kim Rostick, Tech Trek Chair 813-545-9435.
- 3. We need your donations! It costs \$1,200 to send each camper to Tech Trek. The goal is for AAUW Tampa Branch to identify at least 3 corporate donors to support the Tech Trek nominees. Please consider donating or sending the name of a good potential donor to Kim Rostick, Tech Trek Chair 813-545-9435. Questions about donations can be sent to Deb Nelson fleehtreknelson@gmail.com. Mail all donations to Tech Trek to AAUW FL Supporting Foundation, PO Box 126, Palm City, FL 34991.

Pictures from the Opening Meeting Of the 2023-2024 Membership Year



Welcome All, Tech Trek Students & Families!!!

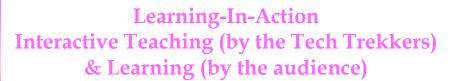


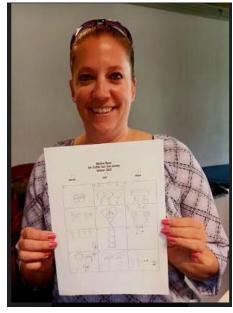




























We look forward to seeing you in our upcoming meeting!!!

Out & About in Town



Click Links for Details

Gallagher's Pumpkins

Raprager Farms

Hyde Park Village

St. Pete Pier

Sweetfield Farms

Fox Squirrel Corn Maze

Hunsader Farms

Fall Harvest at Keel Farms

- Sat, Oct 7, 2023
- 10:00am 03:00pm
- Keel & Curley Winery, 5202 Thonotosassa Rd. Plant City, Florida, 33565-5700, United States



As the weather cools, take advantage of a few of the following Fall-Friendly Attractions!









Stay Connected, Like and Share



Making A Difference for Over 100 Years

Learn More AAUW
Tampa:
http://tampa-fl.aauw.net/

Access the AAUW
Tampa Branch
Bylaws:
https://tampa-fl.aauw.net/bylaws/



AAUW Tampa Membership: https://tampafl.aauw.net/memb ership/

Share the benefits of membership with others:

<u>aauwtampamembe</u> rship@gmail.com

Access the AAUW Community Hub to renew membership: https://my.aauw.org/onlinejoin

Learn more or find out how to donate to AAUW Tampa Tech Trek: aauwtampatechtrek@gmail.com

Share your interests related to forming a Special Interest Group: aauwtampainfo@gmail.com

Stay in the Know with AAUW Florida: https://aauw-fl.aauw.net/

Stay in the Know with AAUW National: https://www.aauw.org/

